

The Florida Department of Health in Seminole County celebrates **NATIONAL PUBLIC HEALTH WEEK**

A week dedicated to raising awareness and knowledge about Public Health

EXHIBITS EDUCATION SCREENINGS Resources AND MORE!

April 7, 8, 9, 10 & 11
Daily 9 am - 4 pm
400 W. Airport Blvd.
Sanford, FL

**ALL EVENTS ARE FREE
and
OPEN TO THE PUBLIC**



Seminole County Ranks #3 in the State of Florida in the County Health Rankings

Robert Wood Johnson Foundation Program, County Health Rankings 2014

NATIONAL

PUBLIC HEALTH

WEEK

2014

WEDNESDAY, APRIL 9

"Get Out Ahead"

Get a Head Start on Back to School Immunizations!

1 pm—6 pm. **FREE** Vaccination clinic for students entering KG and 7th grade. For more information call 407-665-3281.

Teen Health Expo

9 am—4 pm. Get information about teen health, positive youth development, student health tips, and much more!

No Better Time to Quit than Now!

2 pm—4 pm. Join the "Tools to Quit Smoking" seminar for great resources and support to quit smoking. To register or learn more call 877-252-6094.

Stroke Prevention & Detection

Orlando Health will help you get educated on how to prevent strokes and recognizing the signs.

MONDAY, APRIL 7

"Be Healthy from the Start"

Medicaid and Access Support

9 am—4 pm. Get answers to all your Medicaid questions!

FREE Safe Sleep Workshop

1 pm—4 pm. Healthy Start Program and FL SIDS Alliance share great tips on helping babies sleep better. Register by calling 407-665-3278.

What is Hyperthermia?

9 am—4 pm. A visual display sheds light on how to protect little ones from the dangers of heat.

Stroke Prevention & Detection

Orlando Health will help you get educated on how to prevent strokes and recognizing the signs.

TUESDAY, APRIL 8

"Don't Panic"

Hurricane Tracking and Being Prepared for an Emergency.

8 am—4 pm. Learn how to prepare, make a disaster kit, register and find a shelter.

FREE Health Screenings

9 am—12 pm. Orlando Health offers free screenings and information on how to care for your heart.

Stroke Prevention & Detection

9 am—4 pm Orlando Health will help you get educated on how to prevent strokes and recognizing the signs.

THURSDAY, APRIL 10

"Eat Well"

We are your Home for Health

8 am—11 am. Come see what your health department does for you.

FRIDAY, APRIL 11

"Be The Healthiest Nation in One Generation"

Come see the great projects your health department is doing to make our community healthy.

FREE STD Testing

8:30 am—11:30 am & 1 pm—3 pm
FREE Testing for Hepatitis, Syphilis and HIV. For more information call 407-665-3216.

Stroke Prevention & Detection

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